



HOW TO



create your own garden soup

Brought to you by Jimmy Rees @ @jimmyrees_



Jimmy Rees shows us how to create your very garden soup using things you have at home! It is the perfect fun-filled activity that gets parents and kids out in the garden to explore, learn and get a little bit messy too! Check out the step-by-step guide below and don't forget to take some snaps and tag us [f@sanremopasta](#) if you try this at home too!

WHAT YOU NEED:



- * KITCHEN UTENSILS: POTS, PANS, WOODEN SPOONS, TONGS, BOWLS
- * BUCKET
- * ANYTHING YOU FIND IN THE GARDEN
- * WATER



TO MAKE THE GARDEN SOUP:

STEP 1

Grab some utensils (pots and pans etc.) from the kitchen and take them outside. The more the better as the kids will love to splash around, stir and pick things up with tongs.

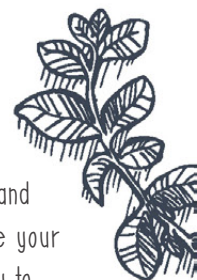


STEP 2

Forage around your garden and grab some 'ingredients' for your Garden Soup and pop them into a bucket. This could be anything really and depends on how dirty you'd like to get! Dirt, leaves, bark, rocks, stones, fruits, grass, sticks anything that might spark the imagination of the kids. Also, this is a great way for the kids to learn about the different things you can find in the garden, how they grow and why they are there.

STEP 3

Fill up some of the pots and pans with water, arrange your ingredients and get ready to make a pretend soup acting like you're in a kitchen.



We're family.



STEP 4

Go wild and create an amazing soup! A little bit of dirt mix that in, some sticks for texture, and anything else you've picked from the garden. Finish with a garnish of leaves.

STEP 5

Use the different utensils to pick up the ingredients, stir with the different spoons and let the kids experiment and have fun!

STEP 6

When you're done you can empty the 'soup' somewhere in the garden, you can even save some of the sticks and leaves for next time.



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