

Long & Skinny Shapes	Spaghetti, Linguine, Angel Hair, Vermicelli	Oil based or tomato based sauces such as Bolognese or Napolitana or fresh seafood
Long Ribbons	Fettuccine, Tagliatelle	Rich meat sauces like ragu
Short, Tube Shapes	Penne, Rigatoni, Macaroni, Curls, Elbows	Pasta bakes or rich meaty/vegetable based sauces
Twist Shapes	Sprials, Trivelle, Fusilli	Lighter, smooth sauces like pesto or oil based sauces
Fun Short Shapes	Wagon Wheels, Bowties, Shells, Orecchiette	Salads, soups or pesto based sauces
Baking Shapes	Lasagna, Cannelloni	Rich meat sauces or cheese and vegetables like spinach and ricotta
Grain Shapes	CousCous, Risoni	Salads or as a side to meat, chicken, fish or vegetables

Filled Pasta

Ravioli, Tortellini

Light tomato or oil based sauces

